**Greater Green Island Rhythmic Gymnastics Club**

**Term 3 Classes, 2013**

Beginning: Tuesday July 30th 2013

Dear Parents,

Welcome to term 3! We are in full swing of our competition season now and I would like to congratulate all those who have competed on the great results we have had so far. It is great to see the improvement between competitions so keep up the hard work.

I would like to once again remind you all to keep an eye on your e-mail inbox as we are trying to make this the main point of contact for entries, timetables and any other information – paper copies will still be available for pick up at the gym, but will not be handed out to each gymnasts as it has been in the past. Also on the administrative side I wish to point out that from term 3 on your fees will include and additional $10.00 “coaches levy” this is to assist in the funding of our coaches travel. All of our coaches are volunteers who give up their time and often their wages to attend training and competitions - neither of which would be possible without them and so this extra money will go towards enabling them to continue supporting the gymnasts.

The Nationals Qualification Criteria has now been released and it is with great pleasure I can announce that all GGI wishing to be considered for selection have achieved this, however girls still need to be ranked within the top 20 gymnasts in the country in their respective levels to be granted entry. Those who have been selected are expected to be announced at the end of August.

In term 3 the girls will also begin some compulsory dance sessions with Jacqueline O’Brien. Jacqueline is the mother of Caitlin and has kindly offered to run hour long sessions on Tuesdays which girls will attend to help with their presentation and body awareness. This has always been an important aspect of Rhythmic Gymnastics and none more so than now with the new code focusing heavily on the dance and aesthetics of the performances. Extra dance classes are not uncommon, with most other clubs in the country requiring their gymnasts to attend additional training and for those of you who have watched at competitions you will see that it shows. Here is some of her background:

I started ballet at 3 years old, sitting exams in classical, modern, national character and tap until 16, then continued dancing until 26. At 19 I taught Ballet and Jazz Aerobics at the dance studio I was with. After this, I taught Adult ballet out on my own. For four years I took seminars for Christian Dance Dunedin and instructed in Body Mechanics and Contemporary Dance for N.Z Christian Dance. I also ran workshops in Oamaru for this organisation. I have choreographed for local shows and, over the years until currently have run children and youth dance groups/ performances in various churches. For the past six years I have choreographed for Stars On Stage. I am wanting to impart to our gymnasts my knowledge and experience of dance that will complement their gym skills. I will be teaching the girls material drawn from English classical and modern styles. This will broaden the girls understanding of how dance and Rhythmic Gym go hand in hand. This integration will enable them to further strengthen and utilise the entire body enhancing their gym routines - that's the plan!

With this taking place there has been some change in the running of classes so please pay particular attention to this when reading the times for term 3. Also additional Sunday training for Level 4 and up during the lead up to Nationals is now available and strongly recommended that all girls attend. Details for these classes are included below.

Also coming up in term 3 is our fundraising Quiz Night. This will take place on Monday 2nd September starting at 7pm at Kensington Tavern (Tui Bar). This is open to all families but for Level 4 and above one table per family is compulsory. Entry will be $30 fee per table (up to 6 people) We also ask that each gymnast organises one raffle prize. All tickets to be presold NO door sales so please contact Trudie Ph: 4881166 or Megan Ph: 4882691 for tickets ☺

I would like to acknowledge those gymnasts who have shown a noticeable improvement - not just their gymnastics but in their training ethics, concentration and skill learning also. For term two the coaches would like to recognise:

Junior – Sophie Broadley Junior Runner up – Beth Lynch

Intermediate – Sophie Turner

Senior – Ella Cameron Senior Runner up – Sarah Morrison

Also a reminder of the following dates for the remaining competition dates to keep free:

Canterbury Champs Level 4+ July 27/28 Christchurch

South Island Champs All Gymnasts August 3/4 Dunedin

Shore Champs All Gymnasts August 18/19 Auckland

New Zealand Nationals Only Selected Gymnasts October 3-6 Napier

Lastly, you can now keep up to date with GGI online at [www.ggirhythmic.co.nz](http://www.ggirhythmic.co.nz)

Please feel free to contact me with any concerns or enquires, I can always be found in the gym, however I am there to coach so would encourage you to contact me via email at kendallking17@hotmail.com.

Gymnastically Yours

Kendall King ☺

Head Coach

**GGI Term 3 Classes**

**TUESDAY**

Time Class Music Coach

3.45pm-4.45pm Pre Level 1 M=4.00-4.30 Sasha

3.45pm-5.00pm Level 1/Level 2 M=4.00-4.30 Sarah/Rosie

4.15pm-6.00pm Level 3 M=4.30-5.00 Dale

**Level 3-5 DANCE M=5.00-6.00 Jacqueline**

**Level 6-10 DANCE M=6.00-7.00 Jacqueline**

4.00pm-6.00pm Level 4 M=4.30-5.00 Regan/Rosa

4.30pm-7.00pm Level 6/Group M=7.00-7.30 Kendy/Kara

5.00pm-7.30pm Level 5/Stage 3/Group M=7.00-7.30 Kass/Brooke

5.30pm-8.30pm Level 7-10 M=7.30-8.30 Kendy/Kate

**THURSDAY**

Time Class Music Coach

3.45pm-4.45pm Recreation M=4.00-4.30 Kendall/Sasha

3.45pm-4.45pm Pre Level 1 M=4.00-4.30 Rosie

3.45-5.00pm Level 1/Level 2 M=4.30-5.00 Sarah

3.45pm-5.15pm Level 3 M=4.30-5.00 Dale

3.45pm-5.45pm Level 4 M=5.00-5.30 Regan/Rosa

4.00pm-6.30pm Level 6 M=5.30-6.30 Kendy/Kara

5.00pm-7.30pm Level 5 /Stage 3 M=6.30-7.00 Kass/Brooke

5.30pm-8.30pm Level 7-10 M=7.00-8.30 Kendy/Kate

**SATURDAY**

Time Class Music Coach

12.30pm-3.00pm Level 6 M= 1.30-2.45 Kendy/Kara

1.30pm-4.00pm Level 4/5/Stage 3 M= 2.45-4.00 Kass/Brooke

2.30pm-5.30pm Level 7-10 M= 4.00-5.30 Kate/Kendy

**SUNDAY**

Time Class Music Coach

10.00am-12.00pm Level 6 M= 1.00-12.00 Kara/Kendall

11.00am-1.00pm Level 7-10 M= 12.00-1.00 Kara/Kendall

2.00pm-4.00pm Level 4 M= 3.00-4.00 Regan

3.00pm-5.00pm Level 5/Stage 3 M= 4.00-5.00 Kass

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| GGI Junior Levels  **Recreation: Kendall/Sasha**  **1 x 1hr**  Shanti Kara  Payton McDermott  Rosie Mitchell  Charlotte Roche  Zusanna Kochan  Brooke Wilson  Georgia Wilson  Therese Tili  Isadora MacLean  Lily Jones  Olivia May  **Pre-Level 1: Sasha/Rosie**  **1x 1 hr**  ***Tuesday(Sasha)***  Charlie-Grace Gallagher  Brooklyn Middleditch  Sophia Body  ***Thursday(Rosie)***  Annabelle MacLean  Charlotte May  Ciarstyn Williams  **Level 1/Level 2: Sarah/Rosie**  **2 x 1.25hr**  Sofia Reid  Sophie Broadley  Cassie Bloem  Jessica Christie  **Level 3: Dale**  **2 x 1.5hr**  Caitlin O’Brien  Beth Lynch  Isabel Harrison  Emmeline Taimalie  Meg Bowler  Georgia Broadley | GGI Intermediate Levels  **Level 4: Regan/Rosa**  **4 x 2hr**  Ruby Cameron  Ruby McFadgen  Savanah Castles  Sofia Amer  Marguerite Johansson  **Level 5/Grade 4 Group: Kassidy/Brooke**  **3 x 2.5 and 1 x 2hr**  Sophie Turner  Lauren Isaacs  Annie McDonald  Cheyenne Flockton  Isabella Johansson  **Stage 3: Kassidy/Brooke**  **3 x 2.5hr and 1 x 2hr**  Ali Bloem | GGI Senior Levels  **Level 6/Grade 4 Group: Kendall/Kara**  **3 x 2.5hr and 1 x 2hr**  Ava McFadgen  Ella Cameron  Libby Bloem  Mikayla Scott  Steph Devereux  Zoe Flockton  **2 x 2.5hr**  Alice Barrow  **Level 7/8/9/10: Kendall/Kate**  **3 x 3hr and 1 x 2hr**  Alexi Hart  Ella Hjertquist  Sasha Hayde  Rosie Hardie  Dale Hurring  Regan King  Sarah Morrison  **3 x 3hr**  Nadia Tutbury  **Grade 5 Group**  **Coach: Kendall**  **1 x 2hr**  Rosa Waters |
| 27 | 10 | 16 |

Greater Green Island Rhythmic Gymnastics Club

Coaches Contact Numbers

Kendall King 027 473 5444

Kassidy Wytenburg 027 374 1126

Kara Moffat 022 604 6072

Kate Greeve 027 311-0831

Regan King 027 781-3444

Brooke Hannah 027 824-0515

Dale Hurring 027 335-5940

Sarah Morrison 027 259-4611

Sasha Hayde 021 206-7008

Rosie Hardie 027 854-7813

Please text your coach if you daughter will not be at training.